



**Arts  
Express**

Bringing children and the Arts  
together since 1995

## Introducing Arts Express at Northlea!

Arts Express has been in successful operation since 1995 and reaches thousands of children each year through its workshops, camps, lunch time and after school programs. Our philosophy as educators is to promote self-expression and self esteem through the use of creative arts in the classroom. Arts Express believes that Arts in education is invaluable to the enrichment and development of children.

### What are the benefits of the arts to the student?

The Arts Express curriculum allows for the students to learn skills that are not only an integral part of the creative arts but are also part of living a successful and happy life. Students learn the importance of confidence, teamwork and participation. This is extremely important in our high tech, mass media age where children are frequently involved in sedentary activities that require little imagination and often no direct participation. Imaginative play and creation allows children to become active users rather than passive recipients of experience. Through the exploration of the arts, participants are given an opportunity to explore and create within themselves.

### Arts Express Lunchtime

#### **THE MAGIC PROGRAM - Mondays 11:35-12:40- \$100.00**

Mystify your friends with your magical talents!!! In this fun and instructional class students will learn the concept of illusion through basic magic tricks. Participants in this class will be able to fascinate their friends and family with their awesome slight of hand!

#### **PUPPET MAKING PROGRAM - Tuesdays 11:35-12:40- \$115.00**

Students use their imagination and creativity to develop original puppets, characters and voices. A story is created by the students starring "the puppets" and the children build their own props, backdrops and sets. This innovative and exciting workshop is designed to encourage children's creative side while developing self-esteem and self-confidence.

#### **THE DRAMA/IMPROV PROGRAM Tuesdays 11:35-12:40 -\$110.00**

Have you ever dreamed of creating your own kooky characters? Making it big in the improv or sketch comedy world? Using your awesome imagination to create your own scenes or mini plays? **Well, stop dreaming and...sign up for Arts Express!** In your Arts Express class you will get to explore your creativity and expand your imagination through, theatre games, improv, and scene work!! Join the energetic and talented Arts Express staff every week at your school, and develop your confidence and dramatic talents!!

54 Twenty Fifth Street, Etobicoke, ON M8V 3P3  
Tel: 416-239-3093 Fax: 416-255-7527  
Arts.Express@sympatico.ca

**SKETCHING AND DRAWING -Thursdays 11:35-12:40- \$115.00**

Students will explore their creativity through sketching and drawing using several different mediums including pastels, charcoal and pencil. The Sketching/Drawing program allows students to develop their artistic techniques and skills in a positive and encouraging environment.

**GLEE - Fridays 11:35-12:40- \$95.00**

Join Arts Express's very own version of "GLEE"! Together with the dynamic Arts Express instructor you will create and rehearse for an awesome performance that will be a one of a kind experience for each of you. **Sing, Dance** and **Act** your way to a performance of a lifetime. Working together in a positive and nurturing environment we will **"wow"** our family and friends with our terrific talents!!!

**Arts Express After School**

**HIP-HOP/JAZZ - Mondays 3:30-4:45- \$110.00**

Pump it up and conquer the basics of this urban dance movement. Using today's music, students will explore innovative dance steps and funk rhythms in an energetic and fun environment. Participants will learn to let their inner beat loose using break dancing, hip hop and street jazz moves.

**GLEE – Tuesdays 3:30-4:45- \$120.00**

Join Arts Express's very own version of "GLEE"! Together with the dynamic Arts Express instructor you will create and rehearse for an awesome performance that will be a one of a kind experience for each of you. **Sing, Dance** and **Act** your way to a performance of a lifetime. Working together in a positive and nurturing environment we will **"wow"** our family and friends with our terrific talents!!!

**CARTOONING PROGRAM – Wednesday- 3:30-4:45- \$125.00**

Create, Animate and bring your own unique characters to life. In the cartooning class you will be given the tools to tell a story through pictures. Impress your friends and family with your hidden talents!

**YOGA-Fridays 3:30-4:45 - \$105.00**

Yoga exercises are an excellent way for children to build mental and physical awareness as well as concentration, self confidence and the ability to relax under pressure. This class will combine basic Yoga postures, movement and breath work with drama games and physical story-telling for a fun approach to learning about the mind-body connection.

### **The Babysitting Program- Fridays- 3:30-4:45 Jan. 13th-Mar.2nd- \$105.00**

The St John Ambulance BS course is created for the 11-14 year old age group designed to teach babysitting, leadership and First Aid skills in a fun and informative way. Students learn how to care for infants, toddlers and older children, what questions to ask parents, how to give First Aid, and what to do in emergencies. Activity book activities, role-playing and hands-on practice teach skills and build confidence. Each student will receive a copy of the award winning publication, 'What Every BS Should Know' workbook and upon completion, an attendance certificate.

### **POLICIES**

- Full Payment is due upon registration.
- There will be no reimbursement for missed classes.
- A \$20 admin fee will be charges for NSF cheques.
- Arts Express reserves the right to remove a student from the program due to inappropriate behaviour.
- Students must participate in two classes before applying for a refund. No refunds will be given after the third class.
- Refunds will be issued less a \$20 administrative fee and payment for classes already taken.
- For after school classes, a fee of \$1.00 per minute after the first 10 minutes will be charged to any parent who is late picking up their child.
- Your child must be picked up outside the Arts Express classroom.

### **SAFETY**

- Parents must report absent students to the Arts Express office.
- To report an absence, phone 416-255-9557 and leave a message including your child's name, school and the day they will be absent. If you have not reported an after school absence it will be treated as an EMERGENCY situation.

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