

## About US

Fundamentalz was created by Roland Acheampong and Adrian Jordan to provide extracurricular programs that foster skill development in a variety of athletic, scholastic and social areas. We design, facilitate and administer sports, mentorship and educational programs for children and youth throughout the GTA with the goal of enriching the development of our students. We're celebrating our 10th anniversary this year, and we continue to grow just as the children who participate in our programs.

### Registration Information

To register your child for a program, complete the online registration form\* at [www.fundamentalz.ca](http://www.fundamentalz.ca), and submit your full payment online by **Wednesday December 21st, 2011.**

All programs are 8 weeks unless stated otherwise, and will commence the week of **January 16th.** *Please note, Sports Pak will start on Jan 13<sup>th</sup>.* Any classes cancelled due to PA days or holidays will be rescheduled.

Enrollment is based on a first come first serve basis. Waiting lists will be made for programs that are at full capacity. Programs that do not reach the minimum number of registrants may be cancelled, and all payments will be refunded.

Participation in all programs is contingent upon proper behaviour in accordance with Northlea E. & M.S. guidelines.

Children participating in afterschool programs must be signed out directly from the class teacher at the North doors at 4:45 pm by the parent/guardian on their registration form. Late pickup will result in penalty fees and/or dismissal from the program per discretion of Fundamentalz and Northlea E&M.S.

**\*\*Please note, prices in this brochure may not reflect the prices listed online due to various class lengths. Please type in the amount according to the brochure when registering your child\*\***



## Giving Back

Giving back is an important tenet that Fundamentalz embraces. Contributions are made to participating schools to support and promote the continued growth of co-curricular activities and initiatives that enhance school spirit. In addition to school contributions, Fundamentalz also donates 10% from its programs to charities and local community groups that work to improve the lives of children and youth.



## Project P.L.A.Y



Included in working with schools and local community groups, Fundamentalz has the vision of developing an outreach programs for children throughout the world. Project **P.L.A.Y.** (Participating in the Lives of All Youth) has been created to achieve this goal; its current project being the construction of the first-ever village Community Centre in Ghana. This will provide children and youth with access to educational, recreational, and medical resources.



Fun from **A** to **Z**



## Northlea E. & M.S. Extracurricular Programs Winter 2012



### Registration Deadline

Wednesday December 21st, 2011

### Contact

416-946-1017

[info@fundamentalz.ca](mailto:info@fundamentalz.ca)

### **REGISTER ONLINE AT:**

[www.fundamentalz.ca](http://www.fundamentalz.ca)

**Mentorship through recreational  
and educational programs**



## 2011 Fall Programs

### Fundamentalz Crafts-to-Go

Time: 11:35 am to 12:40 pm (7 Wks)

| Gr.   | Day | Location | Min/Max | Cost |
|-------|-----|----------|---------|------|
| 1 – 4 | Mon | Rm. tbc  | 10/15   | \$85 |

Crafts-to-Go is designed to provide kids with a fun and engaging environment to express their creativity and imagination through working on a variety of craft projects. Each class session is tailored for kids to interact and share their creative ideas.



### Fundamentalz Basketball

Time: 3:30 pm to 4:45 pm

| Gr.   | Day | Location  | Min/Max | Cost |
|-------|-----|-----------|---------|------|
| 3 – 6 | Wed | North Gym | 10/20   | \$95 |

Fundamentalz basketball is a specialized program that focuses on progressive skill development in a safe and positive environment. This program also emphasizes teamwork, communication, and leadership.



### Fundamentalz SportsPak Plus

Time: 3:30 pm to 4:45 pm

| Gr.   | Day | Location  | Min/Max | Cost |
|-------|-----|-----------|---------|------|
| 1 – 4 | Fri | South Gym | 10/20   | \$90 |

The SP Plus program provides children with the opportunity to participate in a variety of sports and games that introduce the basic elements of these activities while emphasizing team play and having FUN



### iCompute: Video Game Creator

Time: 11:35 am to 12:40 pm

| Gr.   | Day | Location | Min/Max | Cost  |
|-------|-----|----------|---------|-------|
| 1 – 6 | Thu | Rm. tbc  | 8/14    | \$100 |

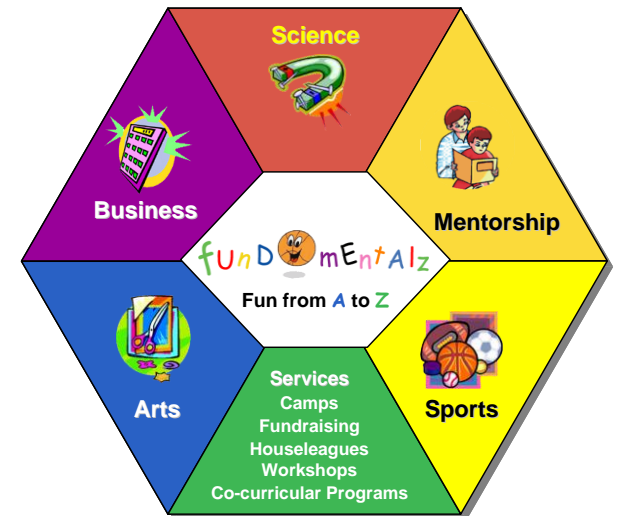
Students will have the opportunity to work with talented instructors and our high end software to put their creativity to the test. Sound hard? It's actually the complete opposite, first time users would have no problem creating a fun and exciting game. Over the 8-weeks, students will have the chance to create two games, their own CD covers and then we'll put it all together to take home.

### Fundamentalz Karate Kids

Time: 11:35 am – 12:40 pm

| Gr.   | Day | Location | Min/Max | Cost |
|-------|-----|----------|---------|------|
| 1 – 6 | Wed | Library  | 8/20    | \$90 |

Children learn basic martial arts techniques for self defence through various exercises and games. The teaching style coupled with the safe environment facilitates physical, mental, and personal development. Children will improve their concentration, discipline, and confidence and will have more respect for themselves and others by learning about dojo etiquette. Grade certification is possible upon separate request.



### Community Goodwill

- ◆ Daily Bread Food Bank
- ◆ Jump Rope for Heart
- ◆ TDSB for Haiti
- ◆ Sick Kids
- ◆ Cummer Park Community Centre
- ◆ Laps for Lungs
- ◆ Medical equipment for hospitals in Ghana



\*All taxes and supplies are included in program fees. Fundamentalz donates 10% of your child's registration fees to school supplies, initiatives, and charities