



# NORTHLEA E.M.S. AFTER SCHOOL PROGRAMS



## TUESDAY

**Volleyball | Grades 5-8**

**Oct 1st to Nov 26th**

**No Lessons: N/A**

**\$234 +HST**

Our volleyball program teaches students essential skills and teamwork strategies to improve their game on the court.  
Expectations

- Develop proper serving, passing, and setting techniques.
- Enhance communication and teamwork in a dynamic sports environment.
- Participate in friendly matches to apply learned skills in game situations.

## THURSDAY

**Basketball | Grades 1-8**

**Oct 3rd to Nov 28th**

**No Lessons: N/A**

**\$234 +HST**

Students focus on fundamental basketball skills, including dribbling, shooting, and teamwork, in a fun and competitive environment.

- Improve ball-handling, shooting, and defensive techniques.
- Build teamwork and understanding of game strategies.
- Engage in scrimmages to apply skills in real-game scenarios.

## FRIDAY

**Soccer | Grades 1-8**

**Oct 4th to Dec 13th**

**No Lessons: Oct 11th,  
Nov 15th, Nov 29th**

**\$234 +HST**

Our soccer program focuses on developing technical skills, tactical awareness, and a love for the game through structured drills and matches.

- Improve ball control, dribbling, and shooting techniques.
- Learn the basics of positioning, teamwork, and game strategy.
- Participate in matches to practice and improve game play and sportsmanship.

# REGISTER NOW!

**CODE: NORTHLEA20242025**

